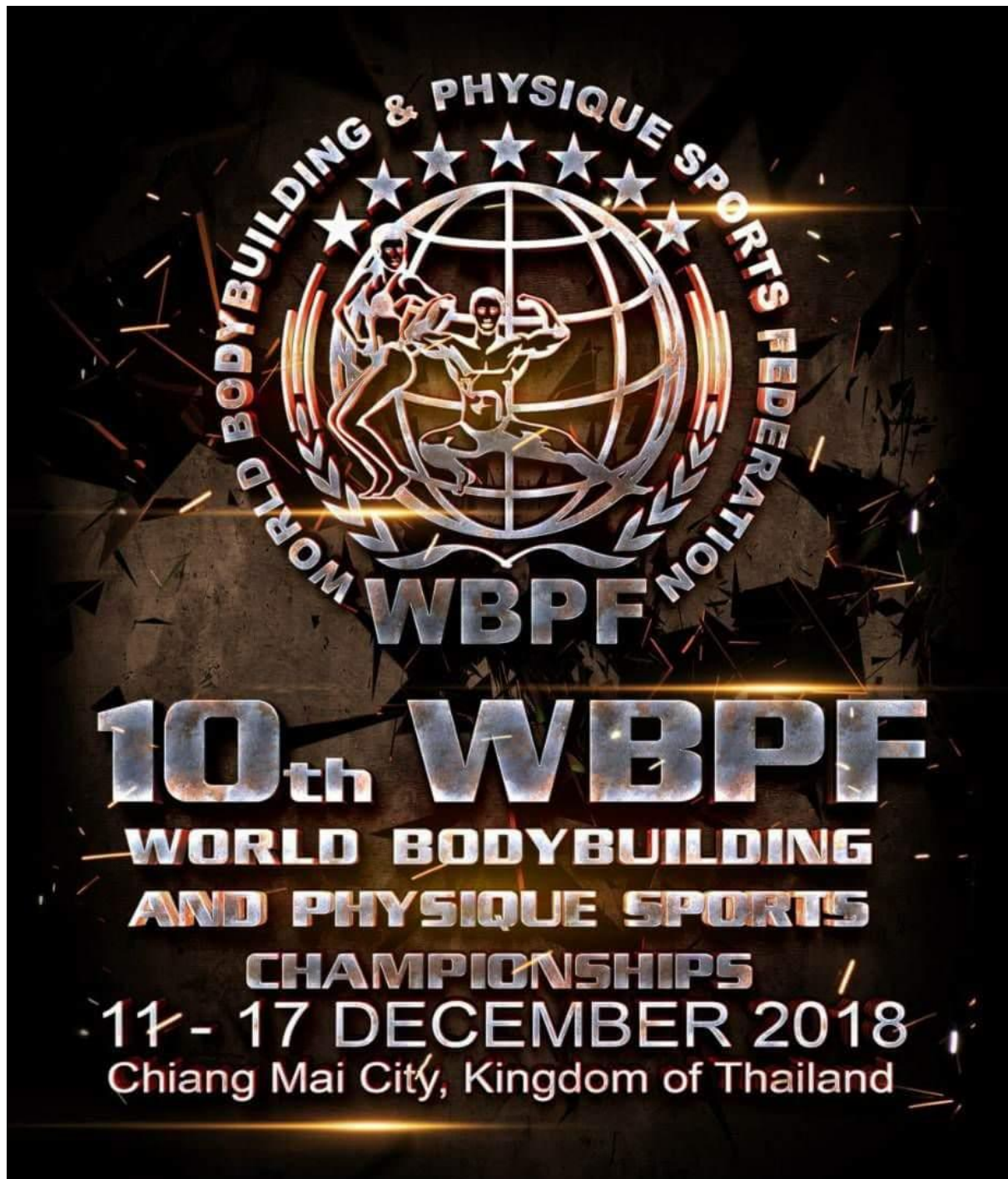


INSPECTION REPORT



Under Patronage of



MESSAGE OF WELCOME



As President of the Thailand Bodybuilding and Physique Sports Association it gives me great pleasure to welcome all the officials and contestants of the participating countries from the World Bodybuilding and Physique Sports Federation (WBPF) to the largest city in Northern Thailand, the capital of Chang Mai Province for the 10th WBPF Anniversary Bodybuilding and Physique Sports Championships and Annual Congress from 11th to 17th December 2018.

I must thank the WBPF Executive Council for having confidence in Thailand to host this prestigious event. This is the 4th time we have been given the honor to host the WBPF World Championships since the foundation of WBPF in the year 2009. I wish to single out that without the encouragement and motivation from Datuk Paul Chua, Secretary General of the WBPF, this would not be possible. He is the engine of our federation, and our great leader for our sport. He is affectionately called as "Father of Modern Bodybuilding" and to me personally he is my big brother and mentor.

On behalf of the organizing committee I wish to express here our gratitude to the Sports Authority of Thailand, Thailand Olympic Committee and the host city government representatives and members of Chiang Mai for their blessing and assistance; and also to all well-wishers for their generous sponsorship.

Last but not least, my sincere appreciation and thanks to all members of the Organizing Committee of the Chiang Mai Bodybuilding and Physique Sports Association for their co-operation.

We warmly welcome all officials and athletes to Chiang Mai and assure you the great THAI HOSPITALITY which is well known throughout the world.

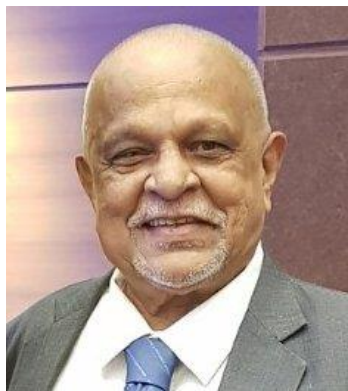
Sugree Supawarikul

President - Thailand Bodybuilding & Physique Sports Association

Organizing Chairman, 10th WBPF World Bodybuilding & Physique Sports Championships & Congress

Joint Secretary-General - WBPF

MESSAGE FROM WBPF SECRETARY GENERAL



Dear Officials, Athletes and Supporters

You will be in for a great surprise when you attend the 10th WBPF World Bodybuilding and Physique Sports Championships and Congress in Chiang Mai, Thailand from 11 - 17 December 2018. You will be charmed by the people of Chiang Mai. They are very friendly and hospitable people in this planet.

Chiang Mai is situated in the Northern part of the country and surrounded by mountains, and many tribe's lives over there. WBPF delegates, athletes and supporters will be happy to visit Chiang Mai, there are several interesting places to see. It is a clean, green and beautiful city. Very impressive.

All these are made possible because of our dear colleague Khun Sugree Supawarikul, President of the Thailand Bodybuilding and Physique Sports Association, Joint Secretary of WBPF and Secretary General of Asian Bodybuilding and Physique Sports Federation, he is leaving no stones unturned. He will be catering the best food for all. A hard working man who is loyal to our federation. He wish to showcase this year's championships and to be remembered as it is WBPF's 10TH ANNIVERSARY and will organise the best competition ever in the history of our sport.

Lotus Hotel Pang Suan Kaew is the headquarters of this great event, the Congress, Executive Council Meeting, Judges and Team Managers Meeting, Dining hall for breakfast, lunch and dinner and competition hall which could accommodate 2500 people will be held in one venue. The rooms are super. Seeing is believing.

I would urge you to prepare early and attend this world championship.

Warm wishes

Datuk Paul Chua

**Secretary-General – World Bodybuilding & Physique Sports Federation (WBPF)
President, Asian Bodybuilding & Physique Sports Federation (ABBF)**

MESSAGE FROM WBPF EXECUTIVE DIRECTOR



It is with great pleasure that I take this opportunity to send my greetings and congratulation message for Thailand to host the 10th World Championships in Chiang Mai, Thailand with the tremendous effort from Mr. Sugree Supawarikul, WBPF Joint Secretary, ABBF Secretary-General and President of Thailand Bodybuilding and Physique Sport Association, and the steadfast support from our WBPF Secretary-General Datuk Paul Chua.

The hosting of the 10th WBPF Bodybuilding & Physique Sports Championships from 11th to 17th December, 2018 in Chiang Mai, Thailand will bring together more than 60 countries and over 700 athletes and officials. For the first time, we will include all the 52 categories, and we expect a great number of athlete's participation in this year's world event.

Special thanks are of course extended to Gen. Jane Keereetaweep, Chairman of The Advisory to Tourism Council of Chiang Mai, the President Mr. Santi Pitikam of the Chiang Mai Bodybuilding & Physique Sports Association. The dedication of these people has played a vital role in the development of bodybuilding in Chiang Mai and the country of Thailand. Special thanks must also be extended to the Organizing Committee for their diligent hard work in ensuring a smooth and grand championships.

My inspection trip to Chiang Mai in May this year has given me lots of good memories. The warmth and kindness of the people in Chiang Mai has inspired me so much and I feel confident that all my colleagues in the WBPF will enjoy the super hospitality of Thailand.

With my sincere best wishes

**Christina Y. Kam
Executive Director
World Bodybuilding and Physique Sports Federation (WBPF)**



**Datuk Paul Chua WBPf Secretary meeting with the Governor of Chiangmai Province
Mr. Pawin Chamniprasart**



**Group photo taken at the Office of the Chiangmai Province Governor, Mr Pawin
Chaminprasert**



Chiang Mai is a land of misty mountains and colorful hill tribes, a playground for seasoned travelers, a paradise for shoppers and a delight for adventurers. On a trip to Chiang Mai, the curious traveler can expand their horizons with Thai massage and cooking courses. Others will be bowled over by the variety of handicrafts and antiques. The wild child will find plenty of lively nightlife, and the epicure can indulge in wonderful cuisine.

Despite its relatively small size, Chiang Mai truly has it all. Located 700 km (435 miles) north of Bangkok in a verdant valley on the banks of the Ping River, Chiang Mai was founded in 1296 as the capital of the ancient Lanna Kingdom.

Today it is a place where past and the present seamlessly merge with modern buildings standing side by side with venerable temples. Not convinced yet?



Chiang Mai is a city in mountainous northern Thailand. Founded in 1296, it was capital of the independent Lanna Kingdom until 1558. Its Old City area still retains vestiges of walls and moats from its history as a cultural and religious center. It's also home to hundreds of elaborate Buddhist temples, including 14th-century Wat Phra Singh and 15th-century Wat Chedi Luang, adorned with carved serpents.

HOSPITALITY:

Your hosts the Thailand Bodybuilding and Physique Sports Association, are hospitable and friendly and you will be warmly welcomed upon arrival at the Chiangmai International Airport which is approximately half hours by transports to the hotel.

OFFICIAL HOTELS:

Lotus Hotel Pang Suan Kaew

21 HuayKaew Rd., T.Suthep, A.Muang, Chiangmai 50200 Thailand

Tel. + 66 (0)53 224 333 Fax. + 66 (0)53 224 493



Lotus Hotel Pang Suan Kaew is one of Chiang Mai's leading convention hotels, situated in the heart of the city. The hotel's location is unique, sitting adjacent to Kad Suan Kaew Shopping Complex and just a walking distance from Nimmanhaemin rd. Surrounded by Chiang Mai's best attraction and entertainment facilities, guests really are spoiled for choices.





Note: All Executive members are to arrive on 11th December 2018 and they are eligible to bring their spouses with them.

WBPF Executive Committee members and Standing Committee members are exempted from paying the Registration fees, including Patrons and Honorary Life Members. Special Note: Standing Committee members with the exception of the Chairman and Secretary of each sub-committee may have to share a twin sharing room. If a sub-committee member request for a single room, he or she needs to pay US Dollars 720.



**VENUE OF THE CHAMPIONSHIPS:
PASAK LUANG, CONVENTION HALL
Lotus Hotel Pang Suan Kaew**



Datuk Paul Chua WBPF Secretary and Ms. Christina Kam Yun WBPF Executive Director were inspecting the 10th WBPF World Bodybuilding and Physique Sports Championships venue.





MEETINGS:

- A. Team Managers and Judges will hold their meeting in the PASAK NOI Room 6th Floor of the Lotus Hotel Pang Suan Kaew.
- B. The Executive Council meeting will be held in the SANPATONG Room 6th Floor of the Lotus Hotel Pang Suan Kaew.
- C. The World Congress will be held in the BAAN SAN TONG 6th Floor of the Lotus Hotel Pang Suan Kaew.

HOTEL DEPOSITS:

A security deposit of Min US\$100.00 & Max US\$ 500 per team is required upon check-in for incidental and personal expenses which may arise (telephone, mini-bar, laundry, room service etc.) The unused portion of this deposit will be refunded at check-out time. In order to facilitate matters, the chief delegate or team manager will be asked to provide CASH to cover the deposit for the entire team. This individual will be fully responsible for all expenses incurred by any members of his team. PLEASE INFORM YOUR TEAM BEFORE DEPARTURE NOT TO CREATE ADDITIONAL EXPENSES.

REGISTRATION FEE:

Each athlete and delegate, including delegates without competitors participating will be obligated to pay a Registration Fee of US\$120.00 per day x 6 nights = US\$720.- per person for a twin bedded sharing room. This fee is payable to the Thailand Bodybuilding and Physique Sports Association. This fee includes hotel accommodation, 3 meals per day (Breakfast Lunch & Dinner), shuttle to and from airport to hotel and a Farewell Party. If anyone wishes to have a single room, they have to pay US\$ 900.

EXTRA DELEGATES, OFFICIALS AND SUPPORTERS:

All extra delegates, officials, judges, coaches, team managers or trainers, family and supporters are required to pay as follows for accommodation at the Lotus Hotel Pang Suan Kaew:

- * Single Room: US\$ 1200.00
- * Twin Sharing Room: US\$ 1800.00 (US\$ 900 each)

The above charges include airport transfers, 3 meals and Farewell Party and tickets for the pre-judging and finals for 6 nights stay at the Lotus Hotel Pang Suan Kaew.

EARLY ARRIVAL AND LATE DEPARTURES:

Any team or officials including Executive Committee arriving early or departing late are required to pay for the extra days per night for:

- * Standard single room US\$ 150 per night (one person) at the Lotus Hotel Pang Suan Kaew
- * Standard twin bedded room US\$ 200 per night (two persons) at the Lotus Hotel Pang Suan Kaew

Pick up service will be provided from the airport and return. Meals on your own, this is excluded from the rate quoted to you.

PAYMENTS & CURRENCY:

Only Cash Payment in US\$ or Thai Baht will be accepted for registration fees.

Credit Cards are acceptable at the large shopping malls in Chiangmai.

SECRETARIAT:

The Organizing Committee will maintain a secretariat room at the Lotus Hotel Pang Suan Kaew from 11th to 17th December 2018

. You may obtain information and assistance from the Secretariat when required.

WEIGH-IN AND REGISTRATION:

Weigh-in and Registration will take place at the PASAK NOY 6th Floor of Lotus Hotel Pang Suan Kaew on 13th December 2018. It is the responsibility of the Chief Delegate or Team Manager to make sure that all athletes are on time for the Weigh-in and Registration. If an athlete is late for the Weigh-in and Registration, that athlete will be disqualified and will have to pay all of his/her own expenses.

IMPORTANT:

Each athlete must bring his/her passport and posing music on CD to the weigh-in and registration, failing which the athlete will not be processed.

PARTICIPATION RULES:

1. Country with less than two (2) competitors - only one (1) official will be allowed to pay the official registration fee;
2. Country with three (3) and above competitors - two (2) officials will be allowed to pay the official registration fee;
3. Country participating with woman athletes may send one (1) extra female official and she need to pay only the official registration fee

BACKSTAGE ACCESS/DRESSING ROOM ACCESS:

Access to the backstage and/or dressing room areas shall be strictly limited to essential personnel only. Coaches and trainers who assist athletes in the dressing room area must be of the same sex to the athlete they are assisting.

CAMERA/VIDEO TAPE EQUIPMENT:

Camera and/or video tape equipment shall be strictly prohibited in the back stage and/or dressing room areas except when used by the WBPF authorized media persons and, in any event, these devices shall be strictly prohibited in the dressing room area.

PARADE OF NATIONS:

National dress code or track suits to be worn by delegates and/or officials taking part in the Parade of Nations. Only one (1) delegate and (2/3) two/three athletes per country to take part in the Parade of the Nations.

JUDGES:

In order to assist the WBPF Judges Committee in their selection of judges for this Championship, please forward your nomination for Judges from your National Federation as soon as possible but no later than 11th November, 2018. Judges must possess an International judge's card and must produce to the Judges Committee at Chiang Mai. Please send the nomination to Mr. Walter den Branden and c.c. to the WBPF Secretariat in Singapore and to the Organizing Committee for record purpose.

Mr. Walter Branden Chairman - WBPF Judges Committee

P.O. Box 204

4566 ae Hulst

Netherlands

Fax: + 31 114 311 452

Email: wbpsfwalter@zeelandnet.nl

Email: wbpsf.ckam@yahoo.com

Email: thaibody@hotmail.com

Kindly nominate the name of your judges in advance; last minute submission will be rejected. All judges should use a grey suit with the official logo of WBPF and female judges with grey blazer and grey skirt or dress pants.

ENTRY PASS CARD:

Entry Pass will be issued to the Weigh-in and backstage area during the Weigh-in, Pre Judging and Finals. It will be distributed at the Judges/Team Managers Meeting as follows: Five (5) or more competitor - two (2) Pass will be issued and less than five (5) competitors, one Entrance Pass will be given.

MEDIA ACCREDITATION:

All media accreditation, except local media, shall be controlled by the WBPF. All persons wishing to obtain media accreditation for this event must register with the WBPF by completing and signing the WBPF Media Accreditation Form. The form must be submitted to the WBPF by Email at wbpsecretary@yahoo.com and thaibody@hotmail.com no later than 20th October, 2018.

ATHLETES WITHOUT DELEGATES:

All athletes competing as WBPF World Championships must be members in good standing of their National Federations. Any athlete who arrives without a Delegate must carry an Official Letter of Authorization of Participation from his/her National Federation or by the WBPF, failing which the athlete will not be eligible to participate.

FAILURE TO HONOUR FINAL ENTRY FORM DEADLINE:

Deadlines are set to assist the Organizer with arranging accommodations, meals, onsite transportation and other Championships activities. A failure to respect these deadlines is a breach of the WBPF rules. If a National Federation fails to respect the deadline written on the Final Entry Form, each "Official Participant" from that federation will be required to pay all of his or her own expenses, including accommodations , meals, onsite transportation, and access to the Pre-Judging, Finals and Farewell Banquet.

MISREPRESENTATION:

Misrepresentation is a serious breach of the WBPF Code of Ethics and occurs when an "Official" of a National Federation deliberately misrepresents the number of Athletes and Delegates so as to obtain free-of-charge accommodations, meals, onsite transportation and access to the Prejudging, Finals and Farewell Banquet, and other amenities at the expense of the Organizer. Part of this misrepresentation may be a false claim that a person is an Athlete only to have that so-called Athlete fail to officially register as a competitor at the Weigh-in or, once having officially registered, fail to compete.

MEDICAL WITHDRAWAL:

Once officially registered, no Athlete may withdraw from competition, without the prior approval of the WBPF Judges' Chairman, who has the right to verify the reason for the withdrawal. Any National Federation that fails to seek the prior approval of the WBPF Judges' Chairman before withdrawing an Athlete shall, for that Athlete's non-participation, be fined an amount equal to the Special Package Rate.

ATTENDANCE AT THE WBPF WORLD CONGRESS:

All National Federations officially participating in the Championships must attend the Congress meeting, including athletes with no delegates. In this case, the athlete must attend and represent his country at the Congress.

PRELIMINARY AND FINAL ENTRY FORMS:

Preliminary Entry Form must be filled and returned to the Thailand Bodybuilding and Physique Sports Association as soon as possible, but no later than 15th September, 2018

Final Entry Form must be filled and sent to the Organizer with the actual names of the people in your team within 60 days before the official arrival date (11th October 2018). Please indicate the weight categories of your athletes.

ATTENTION:

Those national federations who do not inform the organizing committee of how many extra delegates and supporters will be participating from their country, cannot be guaranteed accommodation at the Lotus Hotel Pang Suan Kaew as rooms will be limited. Your cooperation is essential to ensuring your reservations at the Lotus Hotel Pang Suan Kaew and the arrangements for your transportation.

SPECIAL REMARK:

As there are 52 events in this year's 10th World Bodybuilding and Physique Sports events, it is extremely important that all participating countries submit their Preliminary Entry and also their Final Entry Form before the closing dates.

We will then be able to ensure that providing that each category has a minimum of 3 countries participating in that particular event, if so that event will be held. If not then that particular event only, will not be contested. Three countries in each event is a minimum!

All other events will of course not be affected and will be held as the program provides

DOPING:

Doping will be conducted by the Thailand Doping Agency in collaboration with our WBPF Anti-Doping Committee.

NATIONAL ANTHEM/NATIONAL FLAG:

A) You must provide two (2) National Flags of your country. The flags must be manufactured of dense silk and must measure no more than 2.5 meters x 1.5 meters

B) You must also provide your National Anthem (shortened version) on CD. Video or cassette not acceptable.

POSING MUSIC:

Posing music must be on CD only and produced with good quality. The music should be cued from the start of the CD. Each competitor must affix his/her name on the CD for easy identification.

THE USE OF PROFANE, VULGAR OR OFFENSIVE LANGUAGE IN POSING MUSIC IS PROHIBITED.**VISA:**

Please check with your Travel Agents or the Thailand Embassy in your country to determine if you need a visa. Upon a request an official letter shall be issued and signed by the Thailand Bodybuilding and Physique Sports Association (TBPA). You are responsible to apply for your Visa and any fees incurred has to be paid by the applicant. We will do our utmost to assist you if Visa is not issued for anyone attending this world event.

TRAINING FACILITIES:

In the Weight Training Center of the Lotus Hotel Pang Suan Kaew

LANGUAGE:

The official language is Thai, however, English is widely spoken in hotels, restaurants, shopping centers and tourist sites.

CURRENCY:

The unit of currency is the Thai Baht. All major credit cards are accepted in hotels and some restaurants. Certain stores may not accept credit cards or foreign currency; therefore, it is advisable to convert some money into Thai Baht.

CLIMATE:

During the month of December the temperature will be approximate 12 to 22 Degree Celsius.

ELECTRICAL CURRENT:

220 volts

SIGHT SEEING AND SHOPPING:

For shopping and sightseeing, it is suggested that you contact the Secretariat or the Concierge for assistance.

ARRIVALS AND DEPARTURES:

You are required to notify the Organizing Committee of your schedule of arrival and departure time to the Organizing Committee well in advance. There is a column in the Final Entry Form for arrival and departure, please fill them and have it sent to the Organizing Committee. **YOUR CO-OPERATION IS ESSENTIAL TO ENSURING ADEQUATE TRANSPORTATION FOR YOUR TEAM.**

COMMUNICATIONS:

The official entry form and invitation will be forwarded to all national federations by the WBPF Secretariat. Please forward all correspondences about your participation in the 10th WBPF World Championships/Congress to:

Mr. Sugree Supawarikul

President

Thailand Bodybuilding and Physique Sports Association

Sports Authority of Thailand

19th Floor SAT Building,

Ramkamhaeng Road, Huamark,

Bangkapi, Bangkok 10240

Thailand.

Tel: +662-170-9601

Fax: +662-170-9602

Email: thaibody@hotmail.com

And c.c. a copy to:

Datuk Paul Chua

Secretary-General - WBPF

32D Jalan Tani,

Singapore 548576

Tel: (65) 96163202 or (65) 96455466

Email: wbpsecretary@yahoo.com